

# NO APPETITE for APARTHEID



## Shopping Guide

### Why a targeted boycott?

- The everyday choices of U.S. consumers contributed to the downfall of apartheid in South Africa
- Since 2005, Palestinians have called on the international community to engage in consumer boycotts
- More than a way to reduce individual economic complicity in apartheid
- Exercise collective power against strategically-selected targets
- Proven and effective tactic

### Why a food boycott?

By targeting Israeli food production companies, we:

- Divest from food grown on stolen land
- Starve the apartheid regime of funding
- Reduce economic support of occupation military forces

And, anyone who buys food can participate!



#### Hummus:

Cedar's Mediterranean Foods hummus  
Trazza foods (west coast)  
Baba's hummus (upper midwest)  
Al Wadi Al Akhdar



#### Tahini:

Ziyad Tahini  
Al'Ard Tahini  
Beirut Tahini  
Al Wadi Al Akhdar



#### Olive oil:

Equal Exchange Organic



#### Dates:

Ziyad Medjool Dates  
Sultan Medjool  
Sultan Rutab  
Equal Exchange Palestinian Medjool



These brands culturally appropriate Palestinian & Arab foods like hummus, tahini, and dates. It is a key part of Israel's campaign to ethnically cleanse Palestine.

Take cultural erasure off our community's shelves!



#### Freezer:

Haagen Daas (Nestle)  
Drumstick (Nestle)  
Tivall (Nestle)  
Magnum (Unilever)  
Morning Star (Kellogg)



#### Fridge:

Sabra (PepsiCo)  
Mehadrin  
Actvia (Danone)  
Silk (Danone)  
Yalla hummus



#### Dry Goods:

Tollhouse, Cheerios, Kitkat,  
Osem, Annie's, Bisquik, Nesquik,  
Betty Crocker (Nestle)  
Manishevit  
Gefen honey  
Absolutely! Gluten free crackers  
Cornflakes, Special K, Kashi, Club  
Crackers, Rice Crispiess (Kellogg)  
Knorr, Hellman's (Unilever)  
Sadaf  
Doritos, Cheetos, Cap'n Crunch,  
Fritos, Funyuns, Lays, Off the  
Eaten Path, Quaker, Life, Rold  
Gold, Smartfood, Stacys,  
Sunchips, Tostitos, Grandma's  
Molasses, Sanitas (PepsiCo)  
Goodles mac + cheese  
Wonderful pistachios



#### Israeli Wine:

All



#### Beverages:

San Pelligrino, Carnation (Nestle)  
Snapple, Canada Dry, 7up,  
Nantucket Nectars (Keurig Dr  
Pepper)  
Soda Stream, Ocean Spray, Pure  
Leaf, Rockstar, Gatorade (PepsiCo)  
Pom Juice (Wonderful)  
Barqs, Dasani, Gold Peak, Minute  
Maid, Powerade, Schweppes,  
Simply, Sprite, Topo-Chico, Vitamin  
Water, Tazo, Coca-cola (Coca-cola)



#### Other:

Friskies, Gerber (Nestle)  
Dove soap, Vaseline (Unilever)  
OGX (Johnson & Johnson)



#### Produce:

Jaffa oranges  
Agrexco produce  
Arava produce  
Yehuda seafood



#### Dates:

Jordan River, King Solomon,  
Galilee Exports, Caramel Agrexco,  
Star Dates, Mehadrin

Show solidarity by bringing the boycott, divest, and sanction movement to your dining table